"ACES" — HOW SHE CAN WANT TO

Duty Sex vs. "I Want You" Sex

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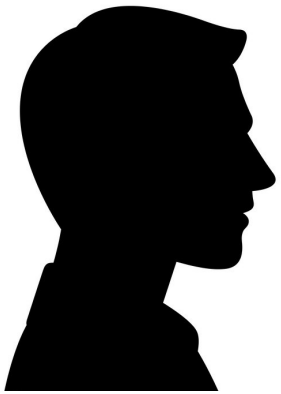

MEN

1. Bridle / Master His Sexuality
2. Spiritual Surrender
3. Provide Agency (A) and Safety (S)

BOTH

1. Create Emotional Connection (C)
2. Feel Loved and Cherished

WOMEN

1. Embrace (E) / Develop Her Sexuality
2. Have Agency (A) / Choice
3. Feel Emotionally, Phys, Sexually Safe (S)

A — AGENCY

C — CONNECTION

E — EMBRACE

S — SAFETY

What Kind of Sex Do Men Want?

If men want "I want you" sex instead of "duty sex" they will need to work on bridling their sexuality (sexual self-mastery), which often includes spiritual surrender and partnering with God in order to remove the pressure and provide the agency she needs to be able to freely choose to be sexual with him or not and for her to freely choose to develop her own sexuality instead of it being something she just does for him. It's the difference between "you need it" sex vs. "she wants you" sex.

For Her to Engage in "I Want You" Sex

For women to be able to engage in "I want you" sex they need to decide to intentionally work to *own, embrace, nourish, develop* and *enjoy* their own sexuality for themselves. They need to feel like they can freely choose either way (and not have negative consequences from him) or they will just be doing it for him (at best). They also need to feel mentally, emotionally, physically and sexually safe and connected in the relationship or they won't be able to "go there" freely...thus the need for the man's role in creating the necessary conditions.