

LDS COUNSELORS/THERAPISTS

(Boise, Idaho Area)

PRIVATE PRACTICE / GROUP PRACTICE THERAPISTS



Hallie Allen, LPC, NCC

Rocky Mountain Counseling, LLC

Adr: The Village

3597 E Monarch Sky Lane, Suite 240

Meridian, Idaho 83646

Ph: 208-917-3721

Email: rockymountaincounseling18@gmail.com

Website: rockymountaincounselingllc.com

Specialties:

- Children and adolescents
- Anxiety
- Depression
- Stress management
- Phobias
- Eating disorders
- Body Dysmorphia
- Relationship issues
- Addiction/Recovery
- Grief/Loss
- Couples Counseling
- Family Counseling



Ray Booth, PhD

Booth Psychological Solutions (BPS)

Adr: 4060 E. Chinden Blvd., Eagle, ID 83616

Ph: 208-377-1131

Email: rayjbooth@hotmail.com

Website: raybooth.com

Specialties:

- Treatment of adults and older adolescents
- Mood/depression, stress and anxiety disorders
- Psychosomatic and pain management issues
- Trauma/PTSD – including EMDR
- Workers Comp/workplace injury
- On most insurance panel
- adjustment to challenging life events



Laura M. Brotherson, LMFT, CST, CFLE

The Marital Intimacy Institute

Adr: 1875 North 1120 West, Provo, UT 84604

Ph: 801-709-0253 (voice and text msgs)

Email: info@maritalintimacyinst.com

Website: strengtheningmarriage.com

Website: maritalintimacyinst.com

MOVED TO UTAH

-- Secure Online Video Conferencing Sessions Available

Specialties:

- Couples, Individuals and Families
- Marriage Prep, Counseling and Enrichment
- Relationship Skill Building/ Couple Comm.
- Conflict Resolution (money, sex, parenting, housework, time, etc.)
- Sex Therapy (desire, arousal, climax, etc.)
- Healthy Sexuality/Sex and Intimacy Issues
- Anxiety and Depression
- Healthy Boundaries/Reducing Codependency and Counter-dependency
- Sexual Addiction and Compulsivity Recovery/ Partner's Betrayal Trauma/Infidelity
- Family/Parent-Teen Relationships



Edene Christensen, LCPC NCC

Canyon Counseling Center

Adr: 718 S. 7th Ave. Caldwell, ID 83605

Ph: 208-454-1576




Email: canyoncounseling@yahoo.com

Website: canyoncounselingcenter.com


Specialties:

- Marriage, Families, Individuals




	<p>John Critchfield, LCPC <i>Journey Mental Health</i> Adr: 4405 E. Flamingo Ave, Nampa, ID 83687 Ph: 208-899-4042 Email: journeymh@gmail.com Website: journeymentalhealth.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Individuals, couples, families, groups • Anxiety • Depression • PTSD • Addictions • ADHD • Autism • Grief or loss • Anger management • Relationship difficulties • Suicide prevention • EMDR therapy
	<p>Gregory M. Deitchler, MA, LMFT, LPC, CSC Adr: 3061 S. Meridian Rd, Ste 100 Meridian, ID 83642 Ph: 208-350-0330 Email: gregory@promisinghorizons.com Website: promisinghorizons.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Marriage and Family Counseling • Adolescent and Adult Mental Health Counseling • Adoption/Attachment and Bonding/Reactive Attachment Disorder (RAD) • Chronic Illness/Grief and Loss
	<p>Gregory J. Dunkley, LMFT <i>Journey Mental Health</i> Adr: 3288 E. Pine Ave, Meridian, ID 83642 Ph: 208-888-8886 Email: greg@journeymentalhealth.com Website: journeymentalhealth.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Adults and Adolescents -- Depression, Anxiety, Bipolar Disorder • Past abuse, Sexual addictions • Helping couples communicate better and repair their relationships
	<p>Shirlene Elledge, LCSW, CPM, CNHP <i>Adlerian Relationship Center</i> Adr: 5999 W. State St., Boise, ID 83703 Ph: 208-571-9884 Email: Shirlene.Elledge@gmail.com Website: adlerianrelationshipcenter.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Counseling for Step-Family Dynamics • Couples Counseling: Gottman LVL3 Therapist • Couples Marathon Sessions • Gottman Couples Workshop Leader • Trauma/EMDR • Mediation - couples/collaborative divorce, families, co-parenting, child custody, custody modifications, civil, business and workplace disputes • Life/Marriage Coach
	<p>Anthony G. Hall, LPC, NCC <i>Life Story Counseling, LLC</i> Adr: 5185 W. Overland Road, Boise, ID 83705 Ph: 208-488-8541 Email: anthonyhall.lsc@gmail.com Website: LifeStoryIdaho.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Stress, Depression, Anxiety, Trauma, Work and School Issues • Grief, Existential and Faith Crises, Spirituality • Couples and Family Issues, Relationships • Substance Abuse and Addiction • Self-Awareness/Life Story

	<p>Kathleen Hamilton, MS, LPC, NCC <i>Hamilton Counseling & Neurofeedback</i> Adr: Boise, Idaho 83709 Ph: 208-866-4688</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Neurofeedback • Therapy
	<p>Michele Harris, MEd, LCPC <i>Words of Wisdom Counseling Center LLC</i> Adr: 14133 W. Rochester Dr. Boise, ID 83713 Ph: 208-602-6130 Email: michele@wowcounseling.com Website: wowcounseling.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Eating Disorders • Marriage, Couples, and Individual Counseling • Coping with Divorce, Infidelity and Remarriage • Anxiety and Mood Coping Skills • Certified Gottman Relationship Counselor - Lvl 1
	<p>John Hochhalter, LCPC, NCC <i>Treasure Wellness</i> Adr: 1655 W. Fairview Avenue, Suite 115 Boise, ID 83702 Ph: 208-949-0534 Email: johnhochhalter@gmail.com Website: hochhaltercounseling.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Individuals and Couples Counseling • Depression, Anxiety, Fears, Stress • Parenting, Relationship/Sexual Issues • Divorce Support and Mediation • Obsessive-Compulsive Disorder (OCD) • Grief and Loss; Trauma • Post-Traumatic Stress Disorder (PTSD) • Addictions and Substance Abuse
	<p>Logan Katseanes, MS, LPC, NCC <i>Hamilton Counseling & Neurofeedback</i> Adr: 4601 S. Mustang Creek Ln Boise, Idaho 83709 Ph: 208-866-4688 Email: lpkats@gmail.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Depression and Anxiety • Grief and Loss counseling • Couples Therapy • Neurofeedback Therapy • Sports Psychology • Career Counseling
	<p>Garrett Kroon, LPC, NCC <i>Garrett Kroon Counseling, an affiliate of... Wind Rivers Counseling</i> Adr: 3061 S Meridian Rd, Suite 100 Meridian, ID 83642 Ph: (208) 620-5399 Email: garrett@krooncounseling.com Website: krooncounseling.com Website: windriverscounseling.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Couples • Trauma • Grief • Depression • Anxiety • Pornography addiction • Sexual abuse • Teen issues • Men's issues
	<p>Rod Limb, M.Ed., LCPC, LMFT <i>Advanced Counseling</i> Adr: 2176 E. Franklin Rd., Suite 100 Meridian, ID 83642 Ph: 208-887-6283 Email: rodlimb@gmail.com Website: RodLimb.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Grief, Loss, Trauma Recovery (PTSD) • Marriage Tune-ups and Make-Overs • Individual, couple or workplace relationship issues • Anxiety and Panic Relief • Hypnosis: Guilt and Intimacy Issues • Parenting, boundaries, loving discipline • Mind and Body connections for Health

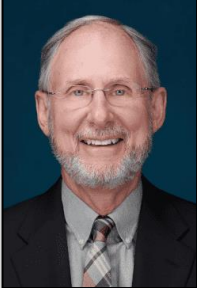



	<p>Lesa McConnel, LCSW <i>Alta Addiction and Mental Health Services</i> Adr: 2404 W. Bank Dr. Suite 100 Boise, ID 83705 Ph: 208-608-6443 Email: lesamcconnel@live.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Grief • Addiction • Mental health • Life issues
	<p>Kim Nelson, MS, LPC <i>Stillwater Connection</i> Adr: 22480 Duff Lane Middleton, Idaho 83644 Ph: 208-965-4502 Email: stillwaterfarm@icloud.com Website: stillwaterconnection.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Addiction • Anxiety • Depression • Divorce & divorce adjustment • Abuse • Parenting concerns • Grief and loss
	<p>Gail Peterson, MS, LPC, NCC <i>Live Laugh Love Counseling LLC</i> Adr: 320 11th Ave S, Suite 204 Nampa, ID 83651 Ph: 208-871-7040 Email: gipcounseling@gmail.com Website: gpcounseling.wix.com/gpcounseling</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Play Therapy • Family & Couples Counseling • Individual Counseling • EMDR / Trauma • Filial Therapy • Communication Workshops • Anger Management • Mood and Anxiety Disorders
	<p>Cameron Preece, PhD, LMFT Adr: 3061 S. Meridian Rd, Ste 100, Meridian, ID 83642 Ph: 208-620-5399, x2 Email: jcpreececmft@gmail.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Marriage, Family and Individual Therapy • Depression, anxiety, sexual abuse, chronic illness, bereavement • Parent/child problems, acting out teens, • Marital conflict, sexual addiction, infidelity, and improving intimacy and communication in couple relationships
	<p>Roy Spaulding, MS, LMFT <i>Journey Mental Health - Nampa</i> 4405 E. Flamingo Ave., Nampa, ID 83687 Ph: 208-899-4042 Email: royspauldinglmft@yahoo.com Website: royspaulding.com Website: journeymentalhealth.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Marriage and Couples Therapy • Child-Centered Play Therapy • Trauma Reprocessing (EMDR) • Registered Marriage and Family Therapy Supervisor
	<p>Michael Scovill, LCPC, NCC <i>Safe Harbor Mental Health</i> Adr: 1032 S. Bridgeway Pl, Ste 100, Eagle, ID 83616 Ph: 208-985-8550 Email: michaelscovill1@gmail.com Website: safeharborboise.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Anxiety • Depression • Play Therapy • Men's Issues • LGBTQ • PTSD/Trauma; Grief/Loss

	<p>Jana Stewart, Counselor Intern <i>Families, ETC</i> Adr: Northwest Nazarene University Campus 516 Holly Street, ESWC Bldg, 3rd floor Nampa, ID 83653 Mailing Adr: Families, ETC PO Box 1033, Nampa, ID 83653 Ph: 208-467-8837 Email: janastewart@nnu.edu Website: familiesetcnampa.com</p> <p><i>Families ETC is a not-for-profit community counseling center that offers affordable counseling services.</i></p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Couples, individuals, and families • Infidelity, betrayal trauma, intimacy issues • Communication and Conflict Resolution • Pre-marital counseling • Pre-marital counseling for step-families • Family relationships • Step-Parenting, Blended Families • Divorce Recovery • Adults, teens, kids with anxiety • Hypnosis for anxiety, depression, confidence, self-esteem, performance anxiety, school anxiety, social anxiety • Panic Attacks
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LDS GROUPS/PROGRAMS

	<p>Journey Mental Health, Inc. Cameron Cox, LMSW John Critchfield, LPC Adr: 3288 E. Pine Ave, Meridian, ID 83642 Ph: 208-888-8886 Website: journeymentalhealth.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Addiction Recovery • Marriage and Family Therapy • Mood Disorders • Play Therapy • EMDR Trained
	<p>LDS Family Services – Boise Offices Adr: 10740 W. Fairview Ave #100, Boise, ID 83713 Ph: 208-376-0191</p>	<p>Therapists:</p> <ul style="list-style-type: none"> • Cary Shelton, LCSW • Jon Pingree, LCSW • Travis Turley, LCSW • Makayla Burkman, LPC • Melanie Smith, LPC • Michelle Armstrong, LPC • Erin Garner, LSW
	<p>LifeStar Boise Idaho, LLC (Serving the Treasure Valley and beyond) <i>Cherry Lane Counseling Center</i> Clinical Director: Debra W. Greeff, LCSW Adr: 403 W. Cherry Lane, Meridian, ID 83642 Ph: 208-887-1911 x107 Email: lifestaridaho@gmail.com Website: LifeStaridaho.org</p>	<p>Details:</p> <ul style="list-style-type: none"> • LifeStar Sex/Pornography Addiction Recovery for Addicts and Partners • PHASE I - There is Hope - Educational Phase • PHASE II - Group Therapy - Addicts Learn Skills to Achieve Sobriety; Partners Heal Trauma from Sexual Betrayal • PHASE III - Group Therapy - Build Lasting Recovery and Strengthen the Relationship
	<p>Brick House Recovery Jason Coombs, MPC - CEO/Founder Adr: 1125 E. Pine Ave, Meridian ID 83642 Ph: 208-286-4274 Email: jason@brickhouserecovery.com Website: www.brickhouserecovery.com</p>	<p>Details:</p> <ul style="list-style-type: none"> • Specialize in faith-based Addiction Treatment for Chemical Dependency • Adult • Intensive Outpatient • Sober Living • Lifetime Contract • Private

OTHER LDS HELPING PROFESSIONALS

	<p>Scott P. Hoopes, MD – LDS Psychiatrist <i>Scott P. Hoopes MD & Associates</i> Adr: Now Online (Telehealth) Ph: 208-273-1573 Website: www.livewellpsychiatry.com</p> <p>Licensed in ID, WA, UT, and AZ</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Psychiatry -- We treat adults, adolescents and children utilizing the most current diagnostic and medication data in order to provide the most effective and simplest medication regimens possible. • Custom coded software to measure what's working and what's not to get our patience well even more rapidly. • Secure online repository for patients to access all notes in one place.
	<p>Satu H. Woodland, CNS, PMHCNS-BC <i>Counseling and Medication Management - Advanced Practice Registered Nurse</i> Adr: 3152 S. Bown Way, Ste 102, Boise, ID 83706 Ph: 208- 428-1588 Email: satu214@gmail.com Website: http://www.hopementalhealth.com/</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Depression, Bipolar Disorder • Anxiety Disorders: Panic, Obsessive Compulsive Disorder (OCD) • Post-Traumatic Stress Disorder (PTSD); Grief work • Traumatic Brain Injury issues • Attention Deficit Disorder (ADHD) • Schizophrenia/Psychosis; Personality disorders • Medication prescribing and management • Psychiatric evaluations • Eating Disorders; Insomnia • Addictions/Substance Abuse • Co-dependency issues • Family dysfunction • Marriage and family counseling
	<p>Cassidy McMurray, DPT Doctor of Physical Therapy Pelvic Floor Therapist <i>Onward Physical Therapy</i> Adr: 3809 E. Amity Rd #125 Meridian, Idaho 83642 Ph: 208-391-3462 Email: info@onwardboise.com Website: www.onwardboise.com</p>	<p>Specialties: (Women's and Men's pelvic health rehab)</p> <ul style="list-style-type: none"> • Pelvic and vaginal pain <ul style="list-style-type: none"> ◦ Pain with intercourse ◦ Vaginismus/vulvodynia • Bladder pain/Interstitial cystitis • Urinary incontinence/fecal incontinence <ul style="list-style-type: none"> ◦ Specifically in fitness athletes (runners, weightlifters, cyclists, etc.) • Inability to pee or increase in urination frequency • Constipation • Pelvic Organ Prolapse • Pubic bone pain • Tailbone pain • Erectile Dysfunction in men • Pregnancy/postpartum care • Diastasis Recti • Pudendal neuralgia
	<p>Natalie Greaves, JD – LDS Attorney <i>Greaves Legal, PLLC</i> Adr: 2176 E. Franklin Road, Suite 130 Meridian, ID 83642 Ph: 208-600-5939 Email: natalie@greaveslegal.com Website: greaveslegal.com</p>	<p>Specialties:</p> <ul style="list-style-type: none"> • Mediation Services • Disability Law • Family Law

LEGEND -- Credentials

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| <ul style="list-style-type: none">• LPC = Licensed Professional Counselor (A professional designation used to indicate a counselor with a Master's degree (or higher) in professional counseling or a related field, and has passed a licensure exam.)• LCPC = Licensed Clinical Professional Counselor (Used in a few states to differentiate a more extensive educational or professional experience level than that of LPCs.)• LMFT = Licensed Marriage and Family Therapists (Training for an LMFT is different than the training of a Psychiatrist, Psychologist, Social Worker, or other types of counselors. LMFTs are focused on relational systems, i.e. couples/families even when dealing w/individual issues.) | <ul style="list-style-type: none">• LCSW = Licensed Clinical Social Worker• CFLE = Certified Family Life Educator• CST = Certified Sex Therapist• NCC = National Certified Counselor• CPM = Certified Professional Mediator• CNS = Clinical Nurse Specialist, Board Certified Adv Practice Nurse, Counselor, Therapist w/Prescriptive Authority for Medication Mgmt & Autonomous Practice in ID• PMHNP = Psychiatric Mental Health Nurse Practitioner, Board Certified Adv Practice Nurse, Counselor, Therapist w/Prescriptive Authority for Medication Mgmt & Autonomous Practice in Idaho |
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See next page for Finding Additional Therapists

Finding Additional Therapists

Below are a few additional ways you may be able to find a suitable therapist referral.

PsychologyToday.com

Index of therapists registered on Psychology Today. This is where most therapists are listed.

Step 1. Open a web browser and go to the [PsychologyToday.com](https://www.psychologytoday.com) website (or click on the link provided here)

Step 2. At the top of the page in the box next to “Find a Therapist” enter the City or Zip of your preferred location and click on the blue button with the white magnifying glass next to the search box.

Step 3. It will bring you to a list of therapists based on the location you provided. You can then continue to filter by selecting your preferences (issues, faith, treatment orientation, whether they do online therapy, etc.) on the menu bar located vertically on the left of the page

Note: The list will not only show therapists in the city/zip you provided but also in the surrounding area. (You can increase or decrease the surrounding distance by clicking on the “+” or “-” at the top of the page next to the city/zip you entered.

SHOULD YOU BE ON THIS LIST?!

If you or someone you know should be considered for **Laura’s LDS Counselor Referral List**, please email that information to: info@strengtheningmarriage.com and let us know why you think you/they would be a good fit. We hope to get people help for their intimacy issues as quickly as possible! :) Thank you!!

AMCAP (Association of Mormon Counselors and Psychotherapists)

Index of LDS therapists registered on AMCAP

Step 1. Open a web browser and go to the [LDSAMCAP.com](https://www.ldsamcap.com) website (or click on the link provided here).

Step 2. At the top of the page in the black menu bar, click on “Find a Counselor”

Step 3. In the “LDS Counselors Directory” box, enter your preferred specialty, Locale/Address and/or Name/Practice, then click the search button. **Note:** If you do not find therapists based on your preferences, it may be helpful to start more general (i.e. a city/state versus a specific address), then narrow it down.

You will then be provided with therapists based on your preferences. It will also include additional therapists in the surrounding area, listing in order of closest proximity then further away in distance.

ISW/ABCST (Institute for Sexual Wholeness/American Board of Christian Sex Therapists)

Note: ISW is where Laura received most of her advanced sex therapy training. The individuals on this site will be similarly trained.

Step 1. Open a web browser and go to the [abcst.sexualwholeness.com/isw-faculty/](https://www.abcst.sexualwholeness.com/isw-faculty/) website (or click on the link provided here).

Step 2. Scroll down a little to where it says “DISCLAIMER OF LEGAL RIGHTS AND LIMITATION OF LIABILITY” in a box, and click on it.

Step 3. Read through the disclaimer then click “I understand and agree with the above. Please take me to a list of therapists.”

Step 4. Choose your preferred state. A list of therapists in the selected state will be provided and you can click on a therapist’s website to learn more.